



**Staff Day 2010  
June 3, NSAC campus**

- 8:00-8:30** Registration
- 8:30-8:45** Opening Remarks
- 8:45-10:15** Concurrent Sessions
- Introduction to Occupational Health and Safety - Darren Schives
  - WHMIS - Susan Moore
  - Respectful Workplace - Laura Forrest
  - Family Caregiving, Your Workplace, and You - Gail Bruhm
  - Ability Management - Gail McClare
  - Diabetes - What You Need to Know - Rilla MacDougall
  - Food Handler Training for Volunteers - Sean O'Toole
- 10:15 -10:30** Health Break
- 10:30 - 12:00** Morning Session continues
- 12:00- 1:00** Lunch
- 1:00 - 2:15** Campus Tours
- Garden Tour - Rock Garden/Alumni Garden
  - Aquaculture Tour
  - Farm Tour
  - Greenhouse Tour
- 2:15-2:30** Health Break
- 2:30-3:45** Keynote Speaker - Dr. Michael Vallis, PhD, RPsych - Motivation Expert
- 3:45-4:00** Wrap Up